The three main groups are:

- A) Pro-feminist men: They see women as victims of male culture and work to enhance the status of women and girls. Their awareness of male specific issues is limited, even though they would feel it is important, more emphasis is placed on assisting women. No change in men's role's are considered or predicted. There is truth to the historical abuse of women, my point is however if men have created this situation then men need to change it. Men must challenge their own positions of power and entitlement and discover new ways of being. I personally know many pro-feminist men and they are good men, they just do not believe men will change without women demanding it. Examples: AMSA (American Men's Studies Association) RW Connell (author of Maculinities)
- B) Men's Rights organizations: They believe women or feminists have destroyed the traditional family and the man's dominant role in it. They see men as victims of feminism and work against feminists wherever they can. They fail to see the successes that men have achieved in wealth creation and because of this they will not relax the reins and share the benefits with women. They are entrenched in their role and see it as innate to males. I also know many men who would identify with men's rights groups. They are also good men for the most part, some are downright scary because they clearly hate feminists and think men like me are co-opted. It is difficult to talk with them logically so I just listen to their pain and sympathize. These are men who have been hurt by equally difficult and hurt women, possibly these men have been abused by their mothers or wives or girlfriends.
- C) What I call the Progressive Men's Movement, to which I place myself. Progressive men's issues supporters believe all genders can find a balance between work, family and shared responsibilities. Ideally, no gender is the victim or superior to any other, including gay, trans or any other gender not mentioned. There is a unifying philosophy that the traditional male role has generally succeeded (in the west mainly) in fulfilling its duty as breadwinner and protector. At the same time as this, is women's desire for greater freedom and self fulfillment. Both are occurring at the same moment and are intricately linked. The outcome is not clear at this time, but by looking at the young people (16 to 20 years) I would say it is a developing success. Men have taken a back seat for the time being in order to reassess what their purpose will be in the coming years. My book is a history of male purpose and describes what that reassessment looks like, and it provides some of the options for men to choose from. To be honest I am very excited by the potential for change. A and B or only temporary groups (I hope). The rest of the world however is very different and women, gays, sensitive men and liberal thinkers are controlled and punished if they step out of line and demand change. However, social media has succeeded in promoting liberal ideas and may be largely responsible for global progressive movements.